



Kenya

Rebuilding the Pride

10 Days

Come with us on an extraordinary adventure into the Kenyan bush. With an itinerary focused around ecology and the classic conflict between Maasai and lions, this educational adventure gives groups a hands-on insight into the work of scientists in a pristine wilderness area. You will get an unprecedented insight into a very traditional Maasai community and learn how researchers monitor and study the movements of lions and other predators in the areas. Groups can walk with semi-habituated baboon troops, devise small research projects and undertake data collection. Practicals and informal discussions on numerous topics with those directly involved in conservation are combined with excellent game viewing, with plenty of plains-animals and predators which, with luck, can be seen on both day and night time game drives. The undoubted highlight, though, is the friendly welcoming Maasai who welcome us into their homes and lives and provide us with a truly amazing African experience.



[Learn more about our Carbon Labels](#)

Your Recommended Educational Journey

Day 1

Arrive Nairobi

LD

Jambo! Welcome to Kenya. We will be met by our tour leader on arrival and transferred directly to our hotel in Nairobi or if using an overnight flight we'll head straight up to our base in Sagana in the Great Rift Valley.

Day 2

White water rafting

BLD

Today we head to the Tana River, a drop pool river offering an exciting day of white water rafting. Starting with 3 km of easy class II and III white water, followed by a 6 km section with an hour or so of relaxation to view the abundance of bird life around, then cool off with a swim! The final 7 km of river, back to the campsite, starts with some easy class III waters where paddle commands are revised, followed by 3 big rapids (class IV and V) with names like Captains Folly, Can of Worms (because of its four 90 degree bends in succession) and Sphincter Flexor. Subject to water levels you may be able to "surf" in "fish eye" and then swim the next couple of minor rapids. Our camp is in beautiful surroundings right next to the river and is a wonderful introduction to rural Kenya.

Day 3

Lale'enok Research Centre

BLD

An early start as we have a long drive to get to our destination at the Lale'enok Research Centre. We break the journey for lunch at Olorgesailie, a geological formation with evidence of early man. On arrival at Lale'enok we set up camp and are given a detailed briefing from our guides on the do and don'ts, what to look out for and the general safety of living in the bush. There is nothing quite like camping under the African skies, as you help prepare your wholesome evening meal you'll see the night sky light up above you. With so little light pollution you'll see stellar constellations you'll rarely spot back in Europe.

Days 4 - 8

Lale'enok research centre, South Rift Valley

BLD

Over the next 5 days we will split into sub groups of between 3 or 4 smaller groups (depending on the group size) as we undertake a number of projects on rotation. We have a different activity planned each morning and afternoon, with two afternoons set aside to go out as an entire group. We will be hosted by a team of passionate environmentalists, scientific researchers and local Maasai. For 10 years the team here have been researching ecology and lion behaviour, developing long term strategies to understand and help combat human/animal conflict. It's this longevity of their relationship with the local population which is key; opening doors that otherwise would remain firmly closed.

Group 1 : Rebuilding the pride. A very early start you go out with the team to track the collared lions and see the work they do. (Please note groups are not guaranteed to see the lions, it's more about the work the team does, how they collect their data and the importance of the project)

Whole group does an afternoon game drive. The scenery here is stunning - set in the base of the rift valley with a dramatic escarpment rising to the west. In the evening, we can sit around the camp fire and have a large group led discussions and reflections on the day and how the whole research projects runs and works.

Group 2: Visit local tourism facilities to understand how they contribute to the conservation of the area. Whilst not in a recognised game reserve, and therefore not overly touristy, this area does have



a few small upmarket lodges which contribute significantly to the overall conservation fight. Visit local Maasai homes to learn about their culture and way of life. Often we do this as the cows come home in the evening, enabling us to help walk the cattle back to the 'Boma' with the herders. This is a prime example of a working community-based Maasai-wildlife conservancy. In the evening we have a talk with a local women's group to talk about gender equality challenges in Kenya, and what it's like to live and grow up as a women in Maasai culture.

Group 3: Go tracking with the local community Wildlife Scouts and find out more about their role in community-based conservation. We will have a hands on lesson in how to track animals (and humans!) and students can take part in in interactive tracking challenge.

Attend talks with local medicine men, traditional birthing attendants, chiefs, camp staff, resource assessors and such like - this is an opportunity to discover just how intricately intertwined the whole ecosystem and human population really is. In the evening we have a talk from the Kenya Wildlife Service about their work and efforts in conservation

Group 4: Investigate the different land-use practices found in the area, such as pastoralism, agriculture and wildlife conservation and how the local Maasai community use all three to support their local livelihoods. Float down the River on a stand-up-paddle board or a Raft. Later, we enjoy a game boat trip (float) to see the area and river wildlife from a different perspective.

Group 5: This morning we are up early to spending time with a habituated baboon troop, learning about these social animals and how they forage for food. We get to hear from the researcher that is studying them as we follow the troop on their morning forage for breakfast.

The program has been rather intense so we leave this afternoon free for relaxing, optional game drives, SUP/Raft down the river. In the evening we have a last chance to sit around the camp fire and have similar group led discussions and reflections on what's been learnt and see how their perspective of the project work and the area has changed from first arrival.

Days 9 - 10

Transfer back to Nairobi and fly (possibly overnight) back to UK

BL

We transfer back to Nairobi Jomo Kenyetta International airport for our flight back to the UK, depending on times, we may arrive back into the UK on day 11.



Look what's included:

- International flights
- All accommodation, transportation and activities
- All food as described above
- Local, bi-lingual, first-aid qualified STC tour leader
- Parent and student trip launch presentation
- Pre-travel training programme
- 1-day offsite safety INSET day for school staff
- ATOL financial protection
- Emergency Medical & Repatriation Insurance
- Group first aid kit and prescription meds pack
- BS8848 safety management and risk assessments
- Detailed pre-departure information and kit lists
- Comprehensive teacher travel packs
- Permanent operations team in your destination
- 24-hour UK operational support whilst overseas
- Donations to two carbon & conservation charities
- Free Fairtrade t-shirt for every participant and teacher
- Free travel guide book to your destination

What's not included:

- Transport to airport in UK
- Drinks (advice will be given on purification of water)
- Visas or tourist cards if required
- Any required inoculations or Covid tests
- Personal spending money
- Tips for guides, drivers and porters (ask for guidance)
- Airport departure taxes paid locally
- Personal effects and cancellation insurance



A word about Responsible Tourism

On our expeditions and educational journeys, we strive to connect teachers and students with the people they meet, nurture the cultures they experience and protect the beautiful environments they are lucky enough to explore.

Many companies talk the talk, few truly walk the walk. While we are far from perfect, we are leading the way in sustainability in the school travel sector. In 2018 we were the first UK travel company to become **Travelife Certified** – a verified sustainability certificate formally recognised by the Global Sustainable Tourism Council.



This is our passion, and we'd love to tell you more about it in due course. In the meantime, for more information on some of the steps we take as a company to make our operations more sustainable, please visit:

<https://www.thestc.co.uk/travel/what-do-we-do/>

Trees for Life

Physical Rating for this trip: Grade 3



Moderate physical activities are included in Grade 3 trips. Good health and reasonable fitness are important to get the most out of the trip. Trips of this grading are likely to include multiple consecutive days activity either walking at moderate altitude (up to 2,500m) or paddling. With between five and seven hours of activity with occasional longer/harder days. The trip may contain other activities such as cycling, rafting, remote camping which also require physical effort and a reasonable level of fitness and resilience. Steady preparation and an increase in your underlying fitness levels will help you get the most from this grade trip.

Cultural Rating for this trip: Grade 3



Students should expect some culture shock. You'll be exposed to signs of poverty. The food will be quite different to home and English, whilst still spoken, will be less prevalent. Respecting the local culture will make it easier to fit in and get the most out of your trip. We're likely to visit remoter locations on this tour where access to western style services may be sporadic. Often on trips of this grading there are parts of the itinerary which are more remote, interspersed with sections which are more 'comfortable'.



Travel Safety & Other Pre-Travel Training

Preparing students and teachers for their upcoming adventure is an opportunity to teach important life skills and a vital part of our overall approach to safety management. Please ask for your quote for the training schedule specific to this educational journey. Topics covered will include:

Responsible Tourism workshop

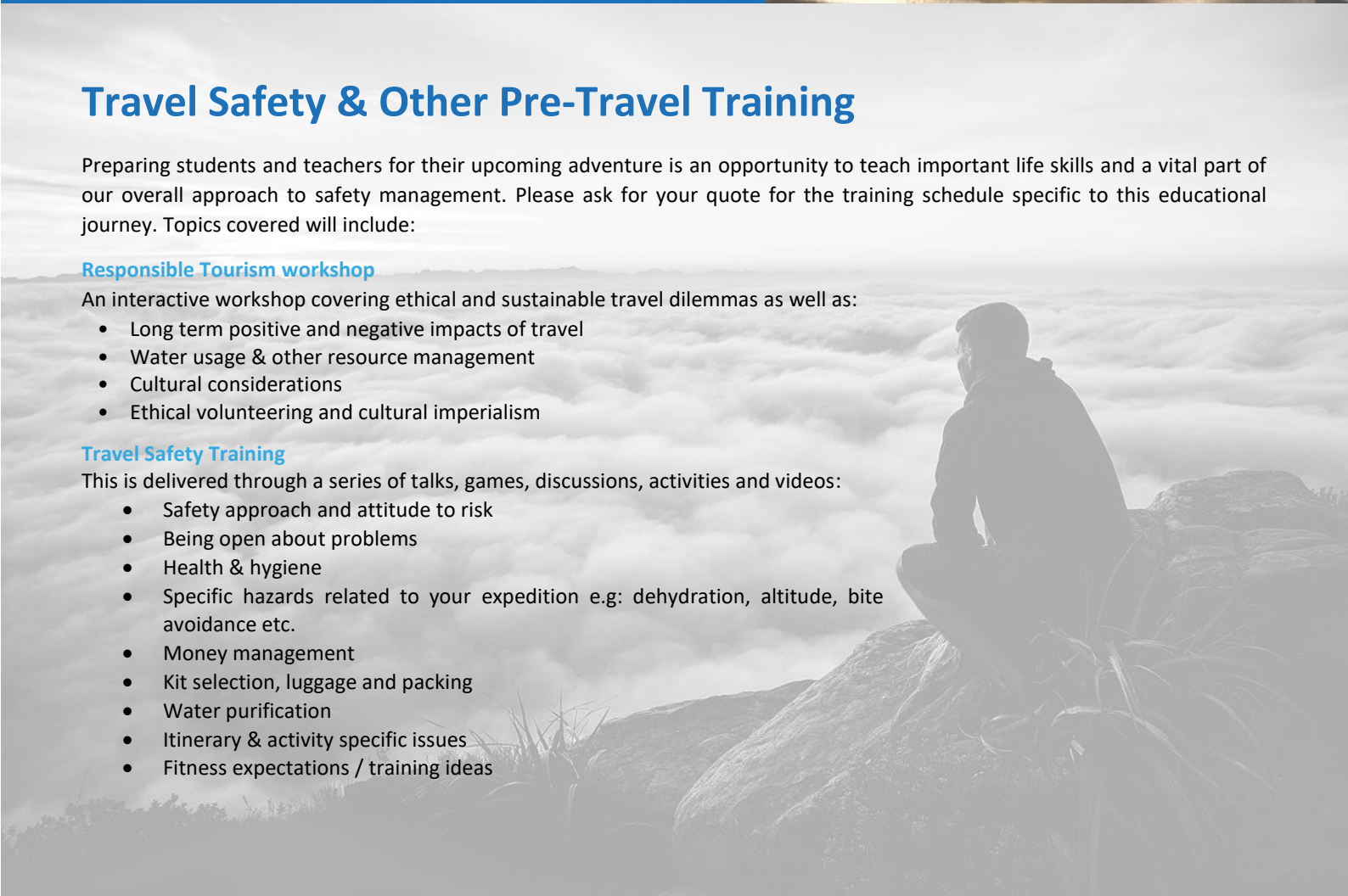
An interactive workshop covering ethical and sustainable travel dilemmas as well as:

- Long term positive and negative impacts of travel
- Water usage & other resource management
- Cultural considerations
- Ethical volunteering and cultural imperialism

Travel Safety Training

This is delivered through a series of talks, games, discussions, activities and videos:

- Safety approach and attitude to risk
- Being open about problems
- Health & hygiene
- Specific hazards related to your expedition e.g: dehydration, altitude, bite avoidance etc.
- Money management
- Kit selection, luggage and packing
- Water purification
- Itinerary & activity specific issues
- Fitness expectations / training ideas





A journey of 1,000 miles...

Starts with a single step... Contact us now to start your educational journey

1 Ask for your personalised quote & further information

If this itinerary doesn't quite scratch your adventure itch then let us tailor-make one for you. Our wealth of experience and expert in-country contacts means we can design an adventure that's just right for you and your students. Contact us for more information and a detailed quote.

2 Ask for risk assessments and marketing materials

We can provide initial risk and threat assessments to help you with your trip approval process. Ask for posters and your Pre-Booking Information Pack too.

3 Arrange a trip launch evening

This is a chance for students and parents to hear more about the planned adventure with comprehensive information covering the itinerary, safety management, the build-up to the trip and lots more. There is also plenty of opportunity for questions.



The home of the modern, innovative school expedition, where a sustainable, ethical approach guarantees unique experiences and a life enhancing adventure.



Our school trips and educational tours are all about maximising the learning opportunities of travel. It's all here, the humble school tour has just come of age.



Adventures, holidays and cultural journeys for teachers looking to 'Escape the Classroom' and discover more about our amazing world, its people and places.



"I am being completely serious when I say that I won't ever run a school trip without you guys. I trust you and your team completely - and the in-country staff that you carefully cultivate and train are a cut above the rest."

Teacher feedback, King's High Warwick

Contact Us:

STC Expeditions, 6b King Street, Exeter, EX1 1BH

t: 01392 660056 | e: schools@thestc.co.uk | w: www.thestc.co.uk

