

### ETHICAL SCHOOL ADVENTURES SINCE 2006





# Kenya

# Safari Drives and Ducky Rides

This itinerary offers a perfect blend of adventure activities and wildlife encounters, showcasing Kenya's diverse landscapes and prolific wildlife. We land in the vibrant city of Nairobi before heading to our camp in Sagana, which will be the main base for our trip. Within close proximity of the camp we will take part in a range of outdoor activities, including mountain biking, kayaking, rock climbing and white water rafting. The trip would not be complete without heading out for a couple of game drives where we have the opportunity to spot wildlife both in the afternoon and the early morning. Don't miss out on this land of breathtaking natural beauty, vibrant cultures, and diverse wildlife.





Learn more about our Carbon Labels

### Your Recommended Educational Journey

#### Days 1 - 2 Arrive in Kenya & Transfer to Sagana

Following our flight we will be met at the airport by our STC Leader, from here we jump on the buses and transfer 2-hours to our camp in Sagana. On arrival on Sagana we will have a camp briefing, be shown to our accommodation and settle in. If time allows and we are feeling up to it we will do a small nature walk in the local area. We have dinner at the camp and get an early night before a busy day tomorrow.

#### Day 3 Mountain Biking and Kayaking

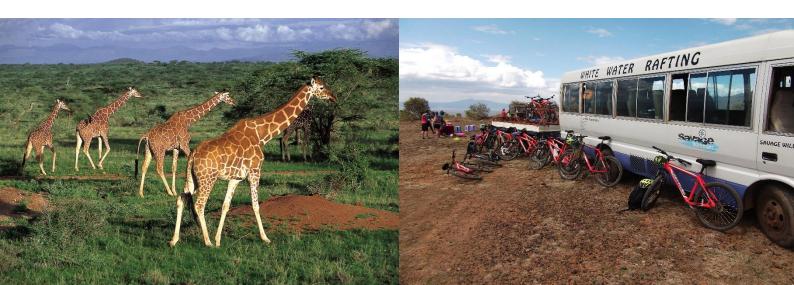
Following breakfast we will get ready for our morning of mountain biking. First up we are provided with our safety equipment and will have a briefing about the activity. We will then do a quick skills and confidence session before heading out on a 15 to 25 km ride in the hills behind the camp. During the ride we will get to see rural Kenya and subsistence farming firsthand. After an exciting morning we head back to camp for lunch. After lunch we make our way to the Sagana River outside the camp. We will learn to kayak taught by British Canoeing Qualified instructors. We will learn several skills and play a number of games all designed to build confidence, whilst learning to kayak. If we are felling up to it and the water levels allow, we will do a small river journey to finish the session before heading back to camp for dinner and a well earnt rest.

#### Day 4 Rock Climbing and Ducky Trip

This morning we leave the camp and drive 20 minutes downstream to Baboon Crag where we will spend the morning climbing and abseiling on several routes. When the sun comes out and it starts to get hot, it will be time to head back to camp for lunch. In the afternoon the Kayaks are swapped for duckys (these are 2-person inflatable canoes). A progression from kayaking, these 2 person canoes allow us to team up and develop some more paddling skills. Now in the duckys we work together to paddle the boat along some minor class 1 white water rapids. We return to camp for dinner.

#### Day 5 Ol Pejeta, Equator and Game Drive

The safari element of the trip starts today. After breakfast, the buses are loaded with personal equipment and safari equipment. We then depart for the 2.5 to 3-hour drive to Ol Pejeta. Stopping on route at the equator in Nanuyki, we have time to take some photos here and look around the local shops. Once we depart the equator its approximately 30 minutes before we get to Ol Pejeta gate. We sign in at the gate and then do a small game drive to our wild camp in the middle of Ol Pejeta. When we arrive at the camp we are given a briefing of the dos and don'ts of camping in the wild. We then set up camp all together. The camp is protected by an electric fence to keep the animals out and we have 2 armed rangers for added security. Once camp is set up and we have had lunch, we go out on an afternoon game drive to spot some wildlife. We return to camp for dinner and spend the evening sat around the campfire listening to the amazing noises of the African bush.



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Day 6

#### **Morning Game Drives and Return to Sagana**

This morning we are out at sunrise for an early morning game drive. Hopefully today we see the animals that we didn't see the day before. Following this we return to camp for breakfast and to packing up. Once we leave the camp we stop off at the chimpanzee sanctuary to see the rehabilitated and rescued chimps living as natural a life as they can. After a picnic lunch, we head back to Sagana arriving late afternoon.

### Day 7 Local School Visit and Rafting

Today we get involved with a bit of community work as we head up the road from the camp to the local village and Riandira school. At the school, we will get an insight into the local education and have the opportunity to interact with some of the students (without being disruptive to their timetable). After lunch at the camp, we head out for the afternoon rafting on the Sagana River. An amazing class III section of the river. Here we will have a lot of fun on rapids like captains folly, can of worms, flexor, and spasm, to name a few. We will raft approximately 10km, taking 3 to 4hrs. On our final night in Kenya we have a celebratory meal at the camp.

### Days 8 - 9 Transfer to Nairobi and Giraffe Centre

This morning we bid farewell to our camp in Sagana and take an early transfer back to Nairobi. Before heading to the airport we will visit the Giraffe Centre which is located in Lang'ata, approximately 20km from the centre of Nairobi. The centre was established to protect vulnerable giraffes, found in the grasslands of East Africa. The main attraction here is being able to feed the giraffes from a raised observation platform. The Giraffe Center is also home to several warthogs, which freely roam the area with the giraffes. Following our visit, we head to the airport with plenty of time to catch our return flight back to the UK.



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### Look what's included:

### · International flights

- · All accommodation, transportation and activities
- $\cdot$  All food as described above
- · Local, bi-lingual, first-aid qualified STC tour leader
- · Parent and student trip launch presentation
- · Pre-travel training programme
- · 1-day offsite safety INSET day for school staff
- $\cdot$  ATOL financial protection
- Emergency Medical & Repatriation Insurance

- · Group first aid kit and prescription meds pack
- · BS8848 safety management and risk assessments
- $\cdot$  Detailed pre-departure information and kit lists
- Comprehensive teacher travel packs
- · Permanent operations team in your destination
- · 24-hour UK operational support whilst overseas
- Donations to two carbon & conservation charities
- $\cdot$  Free Fairtrade t-shirt for every participant and teacher
- $\cdot$  Free travel guide book to your destination

### What's not included:

- Transport to airport in UK
- · Drinks (advice will be given on purification of water)
- Visas or tourist cards if required
- Any required inoculations or Covid tests

- Personal spending money
- Tips for guides, drivers and porters (ask for guidance)
- Airport departure taxes paid locally
- · Personal effects and cancellation insurance

## A word about Responsible Tourism

On our expeditions and educational journeys, we strive to connect teachers and students with the people they meet, nurture the cultures they experience and protect the beautiful environments they are lucky enough to explore.

Many companies talk the talk, few truly walk the walk. While we are far from perfect, we are leading the way in sustainability in the school travel sector. In 2018 we were the first UK travel company to become **Travelife Certified** – a verified sustainability certificate formally recognised by the Global Sustainable Tourism Council.



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This is our passion, and we'd love to tell you more about it in due course. In the meantime, for more information on some of the steps we take as a company to make our operations more sustainable, please visit: https://www.thestc.co.uk/travel/what-do-we-do/

### Physical Rating for this trip: Grade 3

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Moderate physical activities are included in Grade 3 trips. Good health and reasonable fitness are important to get the most out of the trip. Trips of this grading are likely to include multiple consecutive days activity either walking at moderate altitude (up to 2,500m) or paddling. With between five and seven hours of activity with occasional longer/harder days. The trip may contain other activities such as cycling, rafting, remote camping which also require physical effort and a reasonable level of fitness and resilience. Steady preparation and an increase if your underlying fitness levels will help you get the most from this grade trip.

### Cultural Rating for this trip: Grade 3



Students should expect some culture shock. You'll be exposed to signs of poverty. The food will be quite different to home and English, whilst still spoken, will be less prevalent. Respecting the local culture will make it easier to fit in and get the most out of your trip. We're likely to visit remoter locations on this tour where access to western style services may be sporadic. Often on trips of this grading there are parts of the itinerary which are more remote, interspersed with sections which are more 'comfortable'.



## **Travel Safety & Other Pre-Travel Training**

Preparing students and teachers for their upcoming adventure is an opportunity to teach important life skills and a vital part of our overall approach to safety management. Please ask for your quote for the training schedule specific to this educational journey. Topics covered will include:

### **Responsible Tourism workshop**

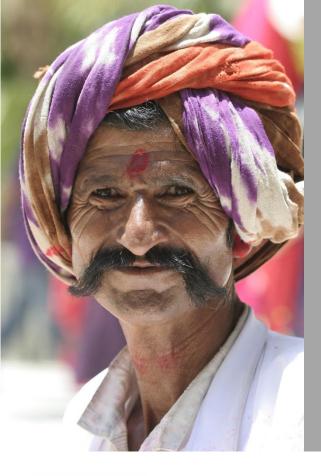
An interactive workshop covering ethical and sustainable travel dilemmas as well as:

- Long term positive and negative impacts of travel
- Water usage & other resource management
- Cultural considerations
- Ethical volunteering and cultural imperialism

### **Travel Safety Training**

This is delivered through a series of talks, games, discussions, activities and videos:

- Safety approach and attitude to risk
- Being open about problems
- Health & hygiene
- Specific hazards related to your expedition e.g: dehydration, altitude, bite avoidance etc.
- Money management
- Kit selection, luggage and packing
- Water purification
- Itinerary & activity specific issues
- Fitness expectations / training ideas



# A journey of 1,000 miles...

# **Starts with a single step...** Contact us now to start your educational journey

### **1** Ask for your personalised quote & further information

If this itinerary doesn't quite scratch your adventure itch then let us tailor-make one for you. Our wealth of experience and expert in-country contacts means we can design an adventure that's just right for you and your students. Contact us for more information and a detailed quote.

### 2 Ask for risk assessments and marketing materials

We can provide initial risk and threat assessments to help you with your trip approval process. Ask for posters and your Pre-Booking Information Pack too.

### 3 Arrange a trip launch evening

This is a chance for students and parents to hear more about the planned adventure with comprehensive information covering the itinerary, safety management, the build-up to the trip and lots more. There is also plenty of opportunity for questions.



The home of the modern, innovative school expedition, where a sustainable, ethical approach guarantees unique experiences and a life enhancing adventure.





Our school trips and educational tours are all about maximising the learning opportunities of travel. It's all here, the humble school tour has just come of age.



Adventures, holidays and cultural journeys for teachers looking to 'Escape the Classroom' and discover more about our amazing world, its people and places. "I am being completely serious when I say that I won't ever run a school trip without you guys. I trust you and your team completely - and the incountry staff that you carefully cultivate and train are a cut above the rest." **Teacher feedback,** King's High Warwick

# **Contact Us:**

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