

12 Days

# Borneo

## Monkeying Around the Island

This magical journey will see us travel into the depths of the jungle in a brilliant adventure which offers a mix of physical challenge, local culture, incredible wildlife, beach relaxation and an understanding of the efforts being made to keep the environment here thriving.

Join us as we camp out in hammocks, spend time at a wildlife research centre and meet the famous orangutans of Sepilok. Not to mention how we will travel by every mode of transport imaginable! Island hopping by zip wire anyone? This truly is an adventure like no other and will throw up everything that Borneo has to offer.



# Recommended tour itinerary

Day  
1-2

## Fly from UK to Kota Kinabalu and Transfer to River Camp

Fly from the UK to Borneo before a connecting flight to Kota Kinabalu where we meet our Trip Leader. After a 90 minute bus ride, we reach the river camp at Ranggalau where we spend our first night in Borneo; already immersed in the incredible wildlife and environment the island has to offer. Freshen up with a swim in the river before falling asleep in a hammock by the river and the noises of the jungle.

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Day  
3

## White Water Rafting, Cultural Show and Local Village Experience

This morning we embark on a 15km long white water rafting experience! The Kiulu River runs through the Kiulu Valley and jungle and includes gentle rapids to test our skills. Afterwards, we will be welcomed by a much needed BBQ of local delights.

In the afternoon, we drive to Kiau Village where we spend the night with local Dusun families. During the evening, we will enjoy a cultural show to learn more about their traditions and have the chance to hear stories from locals about their way of life.

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Day  
4

## Jungle Hike and Camp

Today, we learn how to survive in the forests of Borneo! During a 4.5 hour trek, our Trip Leader will teach us the survival techniques which indigenous people have developed to allow them to thrive in the Bornean jungle as well as pointing out the amazing array of flora and fauna this environment has to offer.

As night falls, we will head out for some frog hunting and listen to their croaking orchestra. Once more we will sleep in hammocks, the perfect way to become true explorers of the jungle!

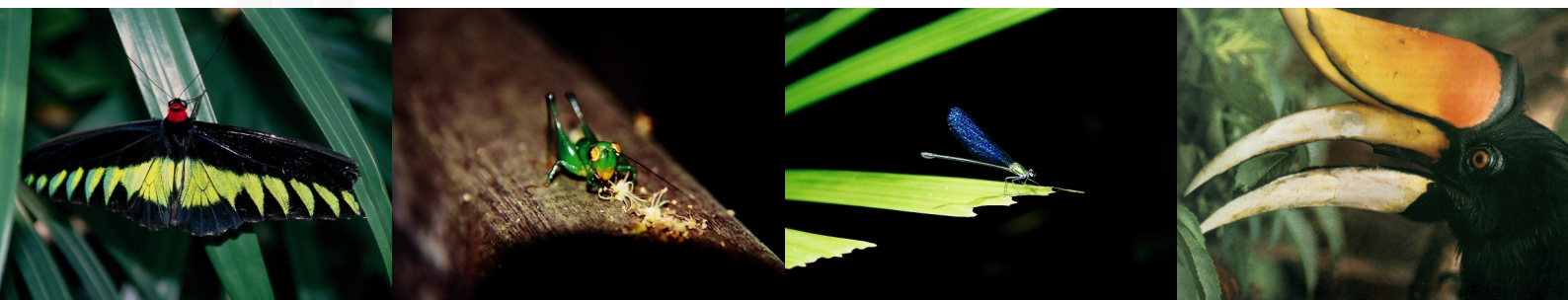
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Day  
5

## Kinabalu Park Orchid Garden and Kudasang

We start our day with a 2-3 hour walk back out of the jungle, making the most of our new survival skills as we go. We are then be transferred to Kinabalu Park to visit the beautiful Orchid Garden. From here it is not far to transfer to our hostel near Kudasang where we stay this evening. In the afternoon, we visit the Kudasang War Memorial, which is dedicated to the British and Australian soldiers who died in the Sandakan POW Camp on their death marches to Ranau. Afterwards, we enjoy a stroll through the local market.

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Day  
6

## Sepilok Orangutan Rehabilitation Centre

Today we rise early to travel to the famous Sepilok Orangutan Rehabilitation Centre. Upon arrival, we will be introduced to the centre by a video presentation. After lunch, we head down to the viewing platforms to watch Borneo's famous inhabitants, orangutans, enjoy their lunch! After marvelling at these majestic creatures we spend the night in a hostel in Sepilok.

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Day  
7-8

## Danau Girang Field Centre

This morning, we travel by bus and boat to the Danau Girang Field Centre. This is a collaborative research and training facility, managed by Sabah Wildlife Department and Cardiff University, which aims to mitigate the loss of the Asian biodiversity. The Centre hopes to do this by establishing effective conservation strategies to enable the viable existence of tropical species, in highly fragmented landscapes, and is an incredible opportunity for us to see first hand the work which biologists do to conserve the delicate ecosystems of the planet.

Our itinerary for the second day will depend on the activities at the Centre and could include a river cruise, a night walk or spending time with the scientists. If a trip to Danau Girang Field Centre is not possible we could go to Danum Valley Field Centre in Lahad Datu.

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Day  
9

## Kota Kinabalu

Today we travel by land, boat and air back to Kota Kinabalu after saying farewell to the researchers we have met. Upon arrival, usually around 4pm, we have the late afternoon free at our disposal to explore and/or relax.

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Day  
10

## Tropical Island Day

After the wonders of the Bornean jungle, we now have the chance to experience the beautiful sea and coral reefs off Kota Kinabalu. To get to this tropical island paradise, we first take a boat and then take the Coral Flyer between two of the islands. Built on one of South East Asia's most famous marine parks, Tungku Abdul Rahman Park, the Coral Flyer connects the islands of Pulau Gaya and Pulau Sapi. The latest technologies and the highest construction standards have gone into the Coral Flyer to create one of the most unique zip line experiences to be found anywhere on Earth. Once on the island, there is an abundance of beautiful beaches and forest treks for us to enjoy for the day.

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Day  
11

## Journey Home

We say goodbye to our Trip Leader for the journey back home to arrive in the UK probably late afternoon / evening of day 11 (depending on flight schedules).

# Further information

## Look what's included!

- International flights
- All accommodation
- All food
- All transportation and activities
- Bi-lingual, first-aid qualified local tour leader
- Parent and student trip launch evening
- Pre-departure preparation evening
- 1-day offsite safety INSET day for staff
- ATOL financial protection
- Medical Emergency / Repatriation Travel Insurance
- Group first aid kit and prescription meds pack
- BS8848 safety management and risk assessments
- Detailed pre-departure information and kit lists
- Comprehensive teacher travel packs
- Permanent operations team in your destination
- 24-hour UK operational support whilst overseas
- Carbon offsetting of all flights
- Free t-shirt for every participant and teacher

## What's excluded?

- Transport to airport in UK
- Drinks (advice will be given on purification of water)
- Visas or tourist cards if required
- Any required inoculations
- Personal spending money
- Tips for guides, drivers and porters
- Airport departure taxes paid locally
- Cancellation and personal effects insurance

## Your educational journey timeline



## Physical journey rating:



Moderate physical activities are included in Grade 3 trips. Good health and reasonable fitness are important to get the most out of the trip. Trips of this grading are likely to include some walking at moderate altitude (up to 2,500m) and occasional longer/harder days may be involved, with between five and seven hours of walking on certain days. The trip may contain other activities such as cycling or rafting which also require physical effort and a reasonable level of fitness. Some steady preparation and an increase if your underlying fitness levels would help you get the most from this grade trip.

## Culture shock rating:



Students joining trips at this level will find the comforts of home are more of a rarity – or viewed another way, a welcome luxury. English is unlikely to be widely spoken and the food will be quite different to home, perhaps for extended sections of the trip. You should observe local customs so not to cause offence. You'll be exposed to signs of poverty and accommodation in some locations is likely to be basic. Whilst a challenge, destinations and trips at cultural level 4 are also a fantastic opportunity to see a very different part of the world.



# A journey of 1,000 miles...

Starts with a single step... Contact us now to start your educational journey.



## 1 Get your tailor-made proposal and further information

If this itinerary doesn't quite scratch your educational travel itch then let us tailor-make one for you. Our wealth of experience and expert in-country contacts means we can design an itinerary just for you. Contact us for more information and a detailed quote.

## 2 Ask for risk assessments and marketing materials

We can provide initial risk assessments and destination threat assessments to help you with your expedition approval process. Ask for posters and your pre-booking information pack too.

## 3 Arrange a trip launch evening at your school

This is a chance for students and parents to hear more about the planned adventure with a comprehensive information evening and an opportunity for questions.



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