



11 Days

Sri Lanka

Elephants, Eagles and Sperm Whales!

From elephants and leopards to hornbills, eagles, turtles, whales and dolphins, students will be face to face to with animals and birds of all shapes and sizes in their natural environments during this fascinating 10-day biology field trip. Education is at the heart of this expedition as students learn the importance of the country's ecosystems and the measures being taken to preserve its wildlife. After getting up close to nature through trekking, safari tours and sanctuary visits, the expedition will conclude with a relaxing stay on the south coast with a chance to swim off the island's coral reef. An eye opening trip which will stay with students forever.



Recommended tour itinerary

Day
1-2

Arrive Sri Lanka

Today we depart the UK for Sri Lanka! Upon arrival in Sri Lanka, we meet our local STC Expedition Leader and transfer directly to our hotel. Depending on our time of arrival, there may be a chance to explore Colombo - Sri Lanka's vibrant capital. After an evening meal at our hotel, there will be the opportunity to listen to a fascinating lecture on natural history, delivered by a local expert.

Day
3

Colombo to Sinharaja

After breakfast, we begin our 200km journey to the Sinharaja Rainforest, approx. 4hrs. After checking in to our hotel, we receive the first taste of our new tropical surroundings with a beautiful walk up to a nearby waterfall. We also have the chance to learn about the local industries in the area, such the extraction of treacle from the fishtail palm tree. Later we enjoy dinner and overnight in our hotel.

Day
4

Sinharaja Rain Forest

The Sinharaja Forest Reserve is one of the least disturbed and biologically unique lowland rainforests now remaining in Sri Lanka; it is surrounded by 22 villages with a population of approximately 5000 people. Our day will start with a very early breakfast before embarking on a 12 km exploration into this unique forest. After a long but exhilarating day, we return to our hotel and enjoy a well-deserved dinner.

Day
5

Sinharaja to Udawalawe (70km / 3 hours)

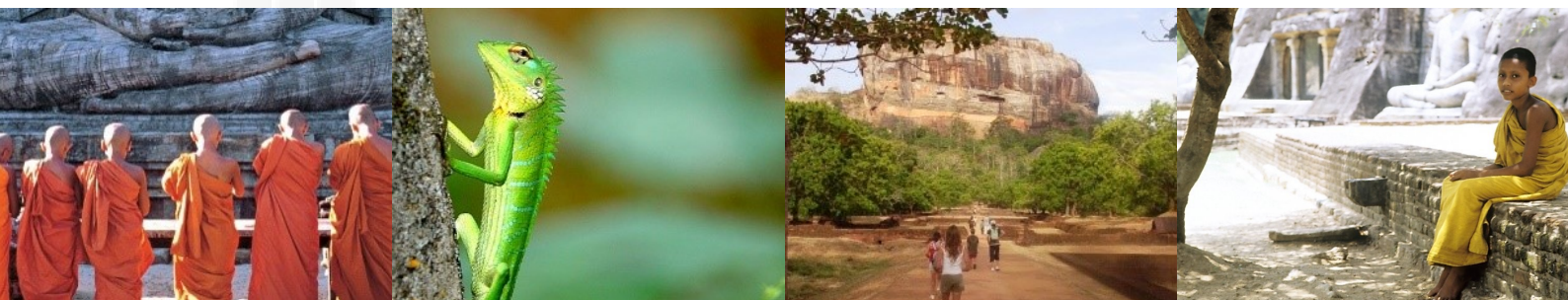
After breakfast, we head off to the Udawalawe Elephant Transit Home, a 3hr drive over 70km. The Home is a sanctuary for up to 35 baby orphan elephants who have become separated from their mothers. The centre provides a home for these baby elephants, ensuring that they receive food and medical care and, when strong enough, they are released back into their natural environment. We will have the chance to watch the elephants' feeding hour, when the small elephants rush to drink milk and play with their mates – a beautiful and entertaining sight! We then proceed to the Udawalawe Camp, on the edge of the national park, from where we enjoy our first safari into the Udawalawe National Park.

Day
6

Udawalawe National Park

The Udawalawe National Park is in the southern dry zone of Sri Lanka and spans approximately 31,000 hectares. It is not unusual to see herds gather to feed and bathe at the waterholes in the park. With approximately 400 elephants residing within the park's boundaries, it is an amazing and unforgettable experience to witness these elephants, both adults and young in their natural habitat.

The August 2011 census of Asian elephants in Sri Lanka stated that there were approximately 5800 of these animals living on the island's shores. In addition to the main attraction, the Park is home to many water buffalo, water monitor lizards, sambar deer, monkeys and the occasional leopard. It is also an exciting location for bird enthusiasts; an incredible variety of bird species inhabit the park and many others pass through on their migratory routes. A four wheel open-top safari is the best way to experience the natural wonders that this protected reserve has to offer.





Day
7

Udawalawa to Yala

After breakfast, we proceed to Yala National Park, approx. 2hrs and 80km. Yala is the second largest national park in Sri Lanka and here we meet local farmers who will talk to us about the Yala Leopard Project and the issues surrounding the so called 'leopard/human conflict'. Unfortunately, this is a serious issue for the rural communities living on the outskirts of the National Park. A decrease in habitat and wild prey has caused an increase in the number of leopard attacks on domestic animals and cattle in nearby villages. The local population does not understand this big predator mainly due to the attacks on their cattle and consequently there have been a number of human attacks on leopards. This project is therefore about educating farmers, schoolchildren and local authorities with regards to the importance of leopards in ecosystems. The objective is to develop the local economy and increase leopards' conservation efficiency.

In the evening, we enjoy a safari out into the national park followed by dinner at our campsite.

Day
8

Yala National Park

We start the day with a 'take-away' breakfast before embarking on a full day safari. Yala was designated a wildlife sanctuary in 1900 and is best known for its variety of wild animals; it is important for the conservation of Sri Lankan elephants, Sri Lankan leopards and aquatic birds. On arrival in Yala, we meet local farmers who give us an understanding of the leopard situation in this area. We look out for pugmarks (footprints) and other clues that leopards are ever present in this area.

We then enjoy an evening visit to the Katharagama Shrine, where we explore the connection between animals and Gods; a debate will also be encouraged amongst the group on faith versus science.

Day
9

Yala to Ahangama

After breakfast, we make the 100km journey to Ahangama, approx. 2.5hrs. Here we check in to our hotel and enjoy lunch. Next we head to the ancient port of Galle, also known as being Sri Lanka's first international commerce and trade centre. Today Galle is the bustling provincial capital and administrative centre of the south. It is famous for its beautiful Unawatuna Bay, where the sea is protected by the reef, making swimming safe. We enjoy a tour of the city, including the Galle Fort, which will be followed by a visit to the Turtle Conservation Project. We then head back to our hotel where we enjoy a good dinner before resting for the evening.

Day
10

Whale watching

We experience our final day in Sri Lanka with a day of whale watching! The south coast of Sri Lanka is one of the very best places to see Blue Whales in the world, and Sri Lanka boasts the longest Blue Whale season. Sperm Whales are also present with pods. The whales are on their annual migratory route, travelling from the Horn of Africa up to the waters of the Arabian Sea, and can be seen from November to April in the waters around Sri Lanka. Other cetacean species that can be seen include the Bryde's Whale, Dwarf Sperm Whale, Spinner Dolphin, Striped Dolphin and the Indo-Pacific Bottlenose Dolphin. After this unforgettable experience, we will head back to the beach for swimming and relaxation before returning to our hotel in Ahangama.

Day
11

Return to UK

We bid farewell to Sri Lanka as we head to the airport for our return flight to London.

Further information

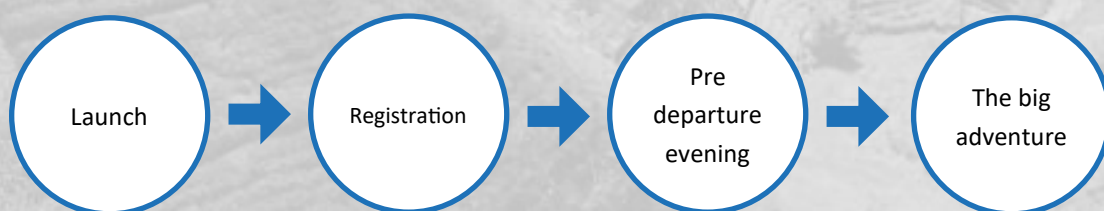
Look what's included!

- International flights
- All accommodation
- All food
- All transportation and activities
- Bi-lingual, first-aid qualified local tour leader
- Parent and student trip launch evening
- Pre-departure preparation evening
- 1-day offsite safety INSET day for staff
- ATOL financial protection
- Medical Emergency / Repatriation Travel Insurance
- Group first aid kit and prescription meds pack
- BS8848 safety management and risk assessments
- Detailed pre-departure information and kit lists
- Comprehensive teacher travel packs
- Permanent operations team in your destination
- 24-hour UK operational support whilst overseas
- Carbon offsetting of all flights
- Free t-shirt for every participant and teacher

What's excluded?

- Transport to airport in UK
- Drinks (advice will be given on purification of water)
- Visas or tourist cards if required
- Any required inoculations
- Personal spending money
- Tips for guides, drivers and porters
- Airport departure taxes paid locally
- Cancellation and personal effects insurance

Your educational journey timeline



Physical journey rating:



Some low level physical activities included in your trip, including walking on uneven terrain, maybe a morning/afternoon trek of two to four hours. That said, no physical preparation is required to make the most of the tour. High humidity and temperatures can occur at certain times of the year.

Culture shock rating:



Students should expect some culture shock. You'll be exposed to signs of poverty. The food will be quite different to home and English, whilst still spoken, will be less prevalent. Respecting the local culture will make it easier to fit in and get the most out of your trip. We're likely to visit remoter locations on this tour where access to western style services may be sporadic. Often on trips of this grading there are parts of the itinerary which are more remote, interspersed with sections which are more 'comfortable'.



A journey of 1,000 miles...

Starts with a single step... Contact us now to start your educational journey.



1 Get your tailor-made proposal and further information

If this itinerary doesn't quite scratch your educational travel itch then let us tailor-make one for you. Our wealth of experience and expert in-country contacts means we can design an itinerary just for you. Contact us for more information and a detailed quote.

2 Ask for risk assessments and marketing materials

We can provide initial risk assessments and destination threat assessments to help you with your expedition approval process. Ask for posters and your pre-booking information pack too.

3 Arrange a trip launch evening at your school

This is a chance for students and parents to hear more about the planned adventure with a comprehensive information evening and an opportunity for questions.



t: 01392 660056 | e: schools@thestc.co.uk | w: www.thestc.co.uk